

## Long Distance Awards Results October 2011

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|--------|---|
| 100m   | Zach Younis   |
| 400m   | Tom Giles & Matthew Rimmer  |
| 600m   | Liam Beavan   |
| 1000m  | Josie Hart, John Sandbach, Emily & Ethan Baker                            |
| 1 mile | Adam Morris   |
| 2000m  | Louis Corrigan & Robert Littler   |
| 3000m  | Mariam Littler, James Dring, Jessica Graham, Beth McMahon & Katie Durnall |
| 4000m  | Ellen McMahon   |

Ages range from 5 – 14 with one of the youngest children – Katie Durnall achieving 3000m age 6