



# Novice Meet

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Level 4 Gala

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ASA Licence 4 NW 2149

Europa Pools, Birkenhead

March 31st 2012

Meet Promoter: Simon Coppack

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# Wirral Metro

## Open L4 Novice Meet

March 31st 2012.

### Entries

Entries can either be submitted electronically using Hytek or in Paper form. The cost per event is £4-50.

This meet is aimed at club swimmers aged between 9 to 14 year olds. There are only upper entry times which are based on the regional qualifying times for NW, there are no lower qualifying times. The objective of this meet is to give swimmers the opportunity to obtain ranking times in a range of strokes at various distances and for the younger swimmers to obtain race / meet experience.

**"Swimmer's who have not obtained ranking times are eligible for this Meet".**

Events will be as per the attached schedule, all will be heat declared winner. Electronic timing will be used and the official results submitted to the ASA rankings. All swimmers must be ASA registered category 2 and have achieved the competitive start award.

All entries must include a valid/recent time – entries with no time will be rejected. Times must be agreed by the Swimmer's Coach, if submitting an entry on paper then coaches must sign the form. Entries will be accepted on a "First Come First Served basis". The Cut off date for entries is **March 11th**.

Age will be as on 31st March 2012, the minimum age is 9, to comply with ASA rule 411.5.3

Spectator entry for each Session will be £3; programmes will be £2.

### The Competition:

Times and places shown on the electronic scoreboard are for indication only and may not be the official result. All events will be swum in integrated groups with seeding by submitted times. Poolside entries may be allowed at the discretion of the promoter.

The Referees decision is final.

### Awards:

No Medals will be awarded at this meet as it is intended primarily as a vehicle to obtain official ASA Ranking times and for younger swimmers to gain meet experience.

The one start rule will apply and over the top starts will be used wherever possible and at the referees discretion.

### Poolside Passes:

Coaches Passes will be available at £10 which includes entry to the pool for all sessions, programme, heat and results sheets. Passes are to be worn at all times and coaches must be ASA CRB checked.

### Health and Safety:

All attending the meet must abide by the rules of the venue management. Team managers and parents are responsible for their swimmers conduct at all times. Individuals contravening the rules may be excluded from the meet. Any person wishing to engage in photography or use a video recorder must register at the entry desk and wear a pass at all times.

**Any points not covered here are at the discretion of the promoter.**

## WIRRAL METRO LEVEL 4 MEET 2012, Licence 4 NW 2149

**Saturday March 31st – Europa Pools Birkenhead**

### **AGE GROUPS:**

50m events: 9 – 12 yrs  
100 m Events : Boys 12-14 yrs, Girls 11 – 14 yrs  
100m IM Boys and Girls: 9 – 11 yrs  
200m IM events: 9 - 14 yrs  
200m events: 9 - 14yrs

### **Programme**

#### **SESSION ONE:**

**Warm-up 08:00**

**Start 09:00**

#### **Event**

1	Boys 9 - 12 yrs	200m IM
2	Girls 9 - 12 yrs	200m IM
3	Boys 12 - 14 yrs	100m Fly
4	Girls 11 - 14 yrs	100m Fly
5	Boys 9, 10, yrs	50m Free
6	Girls 9, 10, yrs	50m Free
7	Boys 11, 12 yrs	50m Back
8	Girls 11, 12 yrs	50m Back
9	Boys 9 -14 yrs	200m Breast
10	Girls 9 -14 yrs	200m Breast

#### **Event**

11	Boys 9, 10, yrs	50m Fly
12	Girls 9, 10, yrs	50m Fly
13	Boys 12 - 14 yrs	100m Free
14	Girls 11 - 14, yrs	100m Free
15	Boys 11, 12 yrs	50m Breast
16	Girls 11, 12 yrs	50m Breast
17	Boys 9 -14 yrs	200m Back
18	Girls 9 -14 yrs	200m Back
19	Boys 9 - 11 yrs	100m IM

#### **SESSION TWO:**

**Warm-up 12:45**

**Start 13:45**

#### **Event**

20	Girls 9 - 11 yrs	100m IM
21	Boys 13 - 14 yrs	200m IM
22	Girls 13 - 14 yrs	200m IM
23	Boys 11 - 12, yrs	50m Fly
24	Girls 11 - 12, yrs	50m Fly
25	Boys 9, 10, yrs	50m Back
26	Girls 9, 10 yrs	50m Back
27	Boys 12 - 14 yrs	100m Breast
28	Girls 11 -14 yrs	100m Breast
29	Boys 9 -14 yrs	200m Fly

#### **Event**

30	Girls 9 -14 yrs	200m Fly
31	Boys 11, 12, yrs	50m Free
32	Girls 11, 12 yrs	50m Free
33	Boys 12 - 14, yrs	100m Back
34	Girls 11 -14 yrs	100m Back
35	Boys 9, 10 yrs	50m Breast
36	Girls 9 -10 yrs	50m Breast
37	Boys 9 - 14 yrs	200m Free
38	Girls 9 - 14 yrs	200m Free