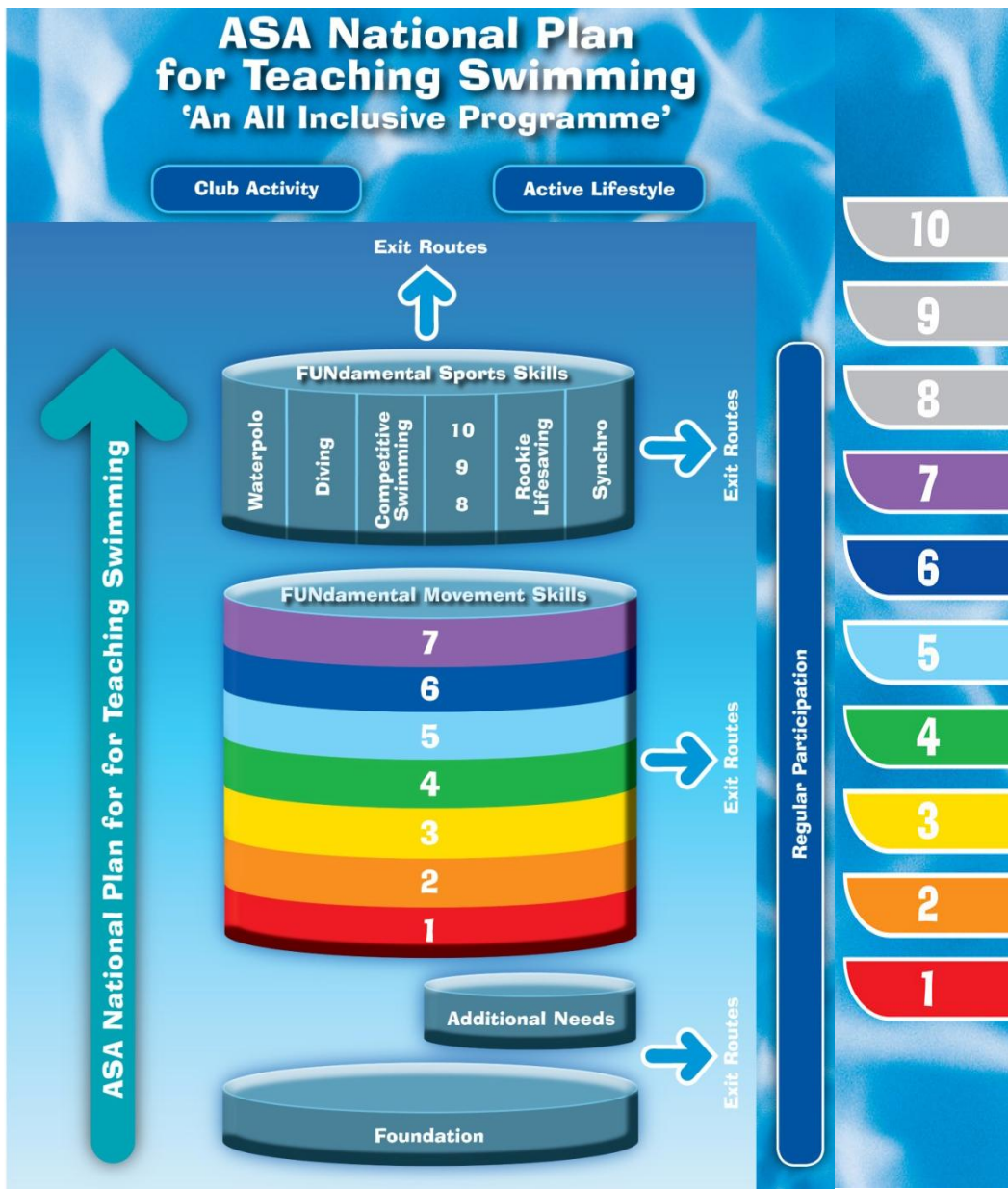


City of Chester Swimming Club



ASA National Plan for Teaching Swimming Fundamentals to Competitive Swimming

10	LEVEL FOUR
9	LEVEL FOUR
8	LEVEL FIVE
7	DEVELOPMENT
6	STROKE IMPROVEMENT
5	STROKE IMPROVEMENT
4	BLUE
3	YELLOW
2	RED
1	RED