

Chester Learn to Swim Scheme

City of Chester Swimming Club, Chester City Baths,
 Union Street, Chester CH1 1QP Telephone: 01244 317300
 Email: cocsc@talktalk.net



Half hour lesson once a week: £14.32 per month by standing order or £3.50 per lesson when paying in full in advance of each course starting, the length of each course may vary.

One hour lesson once a week: £24 per month by standing order

There are no breaks for school holidays and no additional charge for awards achieved.

We follow the ASA National Plan Teaching Swimming [NPTS] and associated awards

Half hour widths classes: NPTS Stages 1 & 2 [shallow end]; Stage 3 [mid-pool]; Stage 4 [deep end]

Monday						6.00pm		6.30pm	
Tuesday	4.30pm		5.00pm						
Wednesday	4.30pm		5.00pm						
Thursday	4.00pm		4.30pm		5.00pm		6.30pm		7.00pm
Friday	4.00pm		4.30pm				7.00pm		7.30pm
Saturday	10.00am		10.30am		11.30am		12 noon		
Sunday	9.00am		9.30am		10.00am				

Half hour lengths classes: NPTS Stages 5 & 6 [competent swimmers able to swim Frontcrawl, Backstroke and Breaststroke with regular breathing]

Monday						7pm			
Tuesday	4.00pm		5.30pm						
Wednesday	4.00pm		5.30pm						
Thursday	5.30pm					6.00pm		7.30pm	
Friday	5.00pm					8.00pm			
Saturday	11.00am								
Sunday	8.30am		10.30am						

Half hour Teens Swim - for children at High School - swimmers should be competent swimming lengths of the pool on all strokes

Thursday	8pm								
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One hour lengths classes: NPTS Stages 6 & 7 All four strokes will be well formed Butterfly, Backstroke Breaststroke and Frontcrawl

Monday	4.00pm								
Friday						6.00pm			
Saturday	9.00am								

To apply please select your preference of day/time by ticking as many boxes as possible in the appropriate stages according to the ability of your child.

Child's name Dob

Additional child Dob

STARTING AGE: From 4 yrs of age subject to assessment lesson

Address

Post code Telephone:[land line]

Mobile phone Email

Parents surname if different to swimmersMr Miss Ms Mrs

Does your child have any health problems that we should be aware of? [please give brief details if applicable]

Does your child have any specific learning difficulties or behaviour problems which we should be aware of? [please give brief details if applicable]

To help us decide whether your child needs an assessment lesson, please answer the following questions by circling the appropriate answer, if your child cannot swim unaided it is not necessary to go further than the first three questions

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|--|-----|------|
| 1. Is your child able to swim with floatation aids and confident in the water? | No | Yes |
| 2. How far can your child swim unaided [without floatation aids]? | 10m | More |
| 3. Is your child confident swimming unaided where he/she cannot stand up? | No | Yes |

If you have answered "yes" to question number 2, please continue with questions 4 - 8

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|---|----|-----|
| 4. Can your child swim a Frontcrawl type stroke with breathing to the side? | No | Yes |
| 5. Can your child swim a Backcrawl type stroke [arms recovery over the water]? | No | Yes |
| 6. Is your child able to achieve a Breaststroke type kick? | No | Yes |
| 7. Can your child swim Breaststroke full stroke [arms, legs & regular breathing]? | No | Yes |
| 8. Can your child swim Butterfly leg kick and is learning the arm action? | No | Yes |

If your child has any ASA awards, please give details

If you have other children already taking part or want to come at the same time as another child, please write their name/s here

Courses run throughout the year with no breaks for school holidays giving better continuity

[early January - 30th April 2012] [1st May - 31st August 2012] [1st September - mid December 2012]

Fees: Can be paid monthly by standing order [£14.32 per month per child] or alternatively in full in advance of the commencement of each course.

The Development classes [60 minutes] cost £24.00 per month

There are no additional charges for awards achieved.

All lessons take place at Chester City Baths and our office is open during the evenings Monday to Friday and Saturday morning. You can email the Club or leave a message on our answer phone if you need any additional information. Email: cocsc@talktalk.net Telephone 01244 317300

Please return your application form to: Mrs Jan Burgham
City of Chester Swimming Club, Chester City Baths,
Union Street, Chester CH1 1QP

Please do not send any fees with your application form, you will only be contacted on receipt of your application form if there are spaces at the times you have requested or if your child needs to be assessed.



Accredited Club