



City of Chester Swimming Club

(Affiliated to ASA North West Region)



American Themed Open Meet

(under ASA Laws and ASA Technical Rules)

at City Baths, Union Street, Chester.

Sunday 5th July 2009

Meet Information

1. The pool length is 25 yards and there are 6 lanes with anti-turbulence lane ropes.
2. Age is as on day - 5th July 2009. 9 year olds may compete if they have their 10th birthday on or before 31st December 2009.
3. There will be 3 sessions and the **approximate** warm-up time for each session will be 8:30am, 12:45pm and 3:30pm. The session times may be adjusted, depending on the number of entries received.
4. All events will be "Heat Declared Winners".
5. "Over the top starts" may be used.
6. The gala will be run without swimming cards and swimmers will have to register in the cafe before the warm up for each session. (If swimming in ALL sessions swimmers need only register before the first warm up.)
7. Medals will be awarded to the first six swimmers in each age group who swim within the event cut-off times. Any swimmer who achieves a time faster than the cut-off time will be awarded a "speeding ticket". Tickets and medals should be collected from the help desk once results are confirmed.
8. All Entry times must be lower than the ASA North West Region Qualifying times for 2009.
9. The age groups are: 10 years and under, 11, 12, 13, 14 and 15 years and over.
10. Submitted times on the entry form should be in metres.
11. The organisers reserve the right to limit the number of entries to ensure a balanced programme and smooth running of the meet.
12. The referee's decision will be final on all matters relating to swimming and swimmer discipline.
13. Anything not covered by the meet conditions or by ASA law will be at the promoter's discretion.
14. Entry fees are £3.25 per event.
15. Coaches passes are £5.00 for the day including programme and results sheets. Entry to the poolside will not be permitted without a coach's pass.
16. Refreshments will be on sale and an in-house swim shop will be available throughout the day.
17. **The closing date for entries is Monday 8th June 2009.**
18. Anyone wishing to take photographs or video any sessions must first register with the help desk, this includes mobile phone photography.
19. Entry forms, entry summary form, payment and large SAE should be returned to Mags Clethro, City of Chester Swimming Club, City Baths, Union Street, Chester, CH1 1QP.

Any offers of help from swimming officials and volunteers would be gratefully received. (Volunteers and officials must comply with ASA Child Protection Policy).

Free lunch is available for all helpers.

Further information is available from Mags at Chester Swimming Club on 01244-317300.